

**2019 Illinois Women's and Family Health Conference
Bone Student Center – Illinois State University
October 16-17, 2019**

Wednesday, October 16th

7:30a – 3:00p Registration

7:30a – 8:30a Continental Breakfast

8:00a – 3:15p Exhibits open

(8:15) 8:30a – 8:45a Welcome and Introductions - Ballroom



Ngozi Ezike, MD - INVITED
Director of the Illinois Department of Public Health
JB Pritzker - INVITED
Governor of Illinois

8:45a – 9:45a

Opening Session I – Ballroom

Maya Dusenbery
*Doing Harm: The Truth About How Bad Medicine Leave Women
Dismissed, Misdiagnosed and Sick*

10:00a – 11:00a

General Session II – Ballroom

Erica Wyman, MD
*The Conundrum of Perinatal Marijuana Use – Impacts on Pregnancy and
Breastfeeding*

11:00a – 11:30a

Health Information Break – Visit Exhibits (Dusenbery Book Signing)

11:30a –12:30p

Concurrent Workshops – Session A

**Workshop 1
*Spotlight***

Dr. Pauline Maki
Brain Fog of Menopause

**Workshop 2
*Circus***

Micah Pierce
Cancer Survivorship: A Southern Illinois Pilot Project

**Workshop 3
*Founders***

Kelsey Hoepfer
*Youth Suicide: Warning Signs, Risk Factors and Preventative Measures within the
Healthcare System*

**Workshop 4
*Old Main***

Dr. Isaac Ghinai (Vaping and E-cigs Respiratory Infections)

12:30p **Buffet Lunch**

12:45p – 1:45p **Finish Lunch and General Session III – Ballroom**
Dr. Crystal Tennille-Clark
When is Enough, Enough?: The Clinical Consequences of Alcohol Abuse for Women

1:45p – 2:15p **Last Chance to Visit Exhibits**

2:15p – 3:15p **Concurrent Workshops – Session B**

Workshop 5 Dr. Jennifer Layden (Measles)
Circus

Workshop 6 Marguerite Smith
Founders *STDs on the Rise in Illinois: What can YOU do?*

Workshop 7 Sarah Parchem
Spotlight *Let's CHAT: Early Evaluation Results from an Innovative School-Based STI Screening Initiative*

Workshop 8 Dr. Bruce Hertz/Robert Beupelstacher (Pros and Cons of CBD Oil)
Old Main

3:30p – 4:30p **General Session IV – Ballroom**
Doyin Richards
Daddy Doin' Work - BOOK SALE AND SIGNING IMMEDIATELY FOLLOWING

4:45p - 5:45p **Amy Giles – Self Defense Demonstration**

Thursday, October 17th

8:00a **Continental Breakfast**

8:45a – 9:00a **Day Two Welcome and Housekeeping - Ballroom**
Shannon Lightner, Deputy Director, Office of Women's Health and Family Services

9:00a – 10:00a **General Session V – Ballroom**
Rebekah Charleston
Tragedy to Triumph: A Survivor's Perspective

10:15a – 11:15p **Concurrent Workshops – Session C**

Workshop 9 <i>Old Main</i>	Dr. C. Leslie Smith <i>Food as Medicine: Cooking for Colds and Flu</i>
Workshop 10 <i>Circus</i>	TBD
Workshop 11 <i>Spotlight</i>	TBD
Workshop 12 <i>Founders</i>	Suzanne Elder <i>The HPV Vaccine is Cancer Prevention: Strategies to Increase Vaccination Rates</i>
11:30a – 12:30p	Concurrent Workshops – Session D
Workshop 13 <i>Old Main</i>	Timika Anderson/Abby Holicky <i>Child Care as a Social Determinant of Maternal Health</i>
Workshop 14 <i>Circus</i>	Dr. Ellen Mendelson <i>Supplemental Screening for the Woman with Dense Breasts</i>
Workshop 15 <i>Spotlight</i>	Tyriesa Howell <i>The Fourth Trimester: A Pathway to Reproductive Health for Optimized Postpartum Outcomes</i>
Workshop 16 <i>Founders</i>	Tracey Smith <i>Which way do I go? A question asked too often by patients of the healthcare system!</i>
12:30p	Lunch
1:00p-2:00p	Finish Lunch and Closing Session V – Ballroom Kim Brooks - BOOK SALE AND SIGNING IMMEDIATELY FOLLOWING <i>Small Animals: Parenthood in the Age of Fear</i>