

2019 Illinois Women's and Family Health Conference
Bone Student Center – Illinois State University
October 16-17, 2019

Wednesday, October 16th

7:30a – 3:00p Registration

7:30a – 8:30a Continental Breakfast

8:00a – 3:15p Exhibits open

(8:15) 8:30a – 8:45a Welcome and Introductions - Ballroom



Ngozi Ezike, MD - INVITED
Director of the Illinois Department of Public Health
JB Pritzker - INVITED
Governor of Illinois

8:45a – 9:45a

Opening Session I – Ballroom

Maya Dusenbery
How Gender Bias in Medicine Leaves Women Dismissed, Misdiagnosed and Sick

10:00a – 11:00a

General Session II – Ballroom

Dr. Erica Wyman
The Conundrum of Perinatal Marijuana Use – Impacts on Pregnancy and Breastfeeding

11:00a – 11:30a

Health Information Break – Visit Exhibits (Dusenbery Book Signing)

11:30a –12:30p

Concurrent Workshops – Session A

Workshop 1
Spotlight

Kelsey Hoepfer
Youth Suicide: Warning Signs, Risk Factors and Preventative Measures within the Healthcare System

Workshop 2
Circus

Micah Pierce
Cancer Survivorship: A Southern Illinois Pilot Project

Workshop 3
Founders

Dr. Pauline Maki
Brain Fog of Menopause

Workshop 4
Old Main

Dr. Isaac Ghinai
Novel Outbreak of Vaping Related Lung Injury--Illinois Experience

12:30p **Buffet Lunch**

12:45p – 1:45p **Finish Lunch and General Session III – Ballroom**
Dr. Crystal Tennille-Clark
When is Enough, Enough?: The Clinical Consequences of Alcohol Abuse for Women

1:45p – 2:15p **Last Chance to Visit Exhibits**

2:15p – 3:15p **Concurrent Workshops – Session B**

Workshop 5 Dr. Jennifer Layden
Circus *Updates on Measles, Immunizations, and Vaccine Preventable Diseases*

Workshop 6 Marguerite Smith
Founders *STDs on the Rise in Illinois: What can YOU do?*

Workshop 7 Sarah Parchem
Spotlight *Let's CHAT: Early Evaluation Results from an Innovative School-Based STI Screening Initiative*

Workshop 8 Dr. Bruce Hertz/Robert Beupelstacher
Old Main *Risks and Benefits of Phytocannabinoids*

3:30p – 4:30p **General Session IV – Ballroom**
Doyin Richards
Daddy Doin' Work - BOOK SALE AND SIGNING IMMEDIATELY FOLLOWING

4:45p - 5:45p **Amy Giles – Self Defense Demonstration**

Thursday, October 17th

8:00a **Continental Breakfast**

8:45a – 9:00a **Day Two Welcome and Housekeeping - Ballroom**
Shannon Lightner, Deputy Director, Office of Women's Health and Family Services

9:00a – 10:00a **General Session V – Ballroom**
Rebekah Charleston
Tragedy to Triumph: A Survivor's Perspective

10:15a – 11:15p **Concurrent Workshops – Session C**

Workshop 9
Old Main Dr. C. Leslie Smith
Food as Medicine: Cooking for Colds and Flu

Workshop 10
Circus Suzanne Elder
The HPV Vaccine is Cancer Prevention: Strategies to Increase Vaccination Rates

Workshop 11
Spotlight Kathryn Bernstein/Dr. Shelly Shallat
Supporting Women to Breastfeed: Strategy Ideas and Examples from Practice

Workshop 12
Founders William Appelgate
Behavior Change in Healthcare

11:30a – 12:30p **Concurrent Workshops – Session D**

Workshop 13
Old Main Tracey Smith
Which way do I go? A question asked too often by patients of the healthcare system!

Workshop 14
Circus Dr. Ellen Mendelson
Supplemental Screening for the Woman with Dense Breasts

Workshop 15
Spotlight Tyriesa Howell
The Fourth Trimester: A Pathway to Reproductive Health for Optimized Postpartum Outcomes

Workshop 16
Founders Timika Anderson/Abigail Holicky
Child Care as a Social Determinant of Maternal Health

12:30p **Lunch**

1:00p-2:00p **Finish Lunch and Closing Session V – Ballroom**
Kim Brooks - **BOOK SALE AND SIGNING IMMEDIATELY FOLLOWING**
Small Animals: Parenthood in the Age of Fear